

Parkinson's Disease Support Group 2024

For those diagnosed with Parkinson's Disease and their carepartners

4th Tuesday of every month from 10:30am – 12:00pm

Meetings alternate between educational topics and supportive small group discussions



January 23rd – NC SHIP and Resources for Seniors *Autumn Thatcher, Resources for Seniors*

February 27th – Small Group Discussions

March 26th - PD & Nutrition *Kenlyn Young, LDN, MS, RD and Nutritionist and Dietician at Duke Integrative Medicine*

April 23rd – Parkinson's Awareness Month in-person Event at Duke Integrative Medicine 10am-12pm

May 28th - Environmental Factors & PD *Brian Dahlben, MD, Duke Movement Disorders Fellow*

June 25th – Small Group Discussions

July 23rd – Building Your Team + Duke Thrive Clinic Overview *Allison Allen, LCSW*

August 27th – Small Group Discussions

September 24th – PD & Sleep *Maggie Soltis, MD, Duke Neurology and Sleep Medicine*

October 22nd – Small Group Discussions

November 26th – TBD

December – No Meeting

The Duke PD Support group is a virtual support group. For login invite or more information, please contact:

*Allison Allen, LCSW at (919) 681-2656 or Allison.m.allen@duke.edu
or Anne Kosem, LCSW at (919) 681-2656 or Anne.kosem@duke.edu*